



Program of All-Inclusive Care for the Elderly (PACE)



"My Needs Card" Catalog For Participants

CenterLight Healthcare PACE participants can use the "My Needs Card" at big box pharmacies nationwide, like CVS, Duane Reade, Rite Aid, Walgreens, Family Dollar, Dollar General, Walmart, Giant Food, Stop & Shop supermarkets, as well as our growing network of 2000+ local pharmacies and supermarkets.



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With Your "My Needs Card" benefit of \$170/month, you can purchase eligible items to help you with basic needs and improve your quality of life, including food, grocery items, toiletries and eligible OTC items!* This amount is available to you on the first of each month and does not roll over to the next month.

Medically necessary items such as vitamins, pain relievers, diabetic supplies, and other OTC medications cannot be purchased with the My Needs Card. Talk to your CenterLight Interdisciplinary Team (IDT) about these items, as they may be provided as part of your care.**

For the current list of participating stores, visit <https://www.centerlighthealthcare.org/my-needs-card>.

You may also visit <https://athome.medline.com/card> to purchase your items online and have them delivered right to your door!

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Call your CenterLight Interdisciplinary Team (IDT) for OTC medications & other covered benefits related to your medical care which may include:**

Acid Controllers/Antacids	Allergy & Sinus medications	Incontinence supplies
Adult Cough, Cold & Flu	Antibiotic creams	Vitamins & Minerals
Adult Pain Relief	Diabetic supplies	

If you have any questions about your CenterLight Healthcare "My Needs Card," please speak to your CenterLight IDT or contact CenterLight PACE Service Coordination at:

1-833-252-2737 | TTY 711 MON-FRI 8AM to 8PM

To check your "My Needs Card" balance or find a participating store, call 1-888-682-2400, or visit www.otcmember.com.

ALTERNATIVE THERAPY

Acupressure

Mixed/Miscellaneous Acupressure

Aromatherapy

Mixed/Miscellaneous Aromatherapy

Magnetic Therapy

Mixed/Miscellaneous Magnetic Therapy

Mixed/Miscellaneous Alternative Therapy

COMPRESSION SUPPORT

Low Compression-Waist High & Pantyhose (8-15 mmHg)

Moderate to High Compression-Waist High & Pantyhose

COSMETICS

Accessories & Implements

DEODORANTS

Men's Solids & Gels

Men's Sprays

Men's Roll-Ons

Mixed/Miscellaneous Men's Deodorants

Women's Solids & Gels Women's Sprays

Women's Roll-Ons

Mixed/Miscellaneous

Women's Deodorants

Unisex Solids & Gels

Unisex Sprays

Unisex Roll-ons

Mixed/Miscellaneous Unisex Deodorants

DIABETES CARE

Diabetes Nutritional Bars

Diabetes Candy

EAR & EYE CARE

Soft Lens Multi-Purpose Solutions

Soft Lens Saline Solutions

Soft Lens Cleaners

Soft Lens Rewetting Drops

Gas Permeable & Hard Lens Care

Mixed/Miscellaneous Contact Lens Care

EAR & EYE CARE (CONTINUED)

Soft Lens Rewetting Drops	Mixed/Miscellaneous Eyeglasses & Lens Accessories
Gas Permeable & Hard Lens Care	Reading Glasses
Mixed/Miscellaneous Contact Lens Care	Magnifying Glasses
Ear Plugs & Protection	Mixed/Miscellaneous Reading Glasses & Magnifying Glasses
Eye Wash	Sunglasses
Mixed/Miscellaneous Eye Preparations (Includes Sleep Masks)	Sunglasses Accessories
Eyeglasses & Lens Accessories	Mixed/Miscellaneous Sunglasses & Accessories

FEMININE CARE

Deodorants & Powders	Mixed/Miscellaneous Feminine Personal Care
Wipes & External Washes	Pantliners
Feminine Moisturizers	

FIRST AID

Protective Gloves	Mixed/Miscellaneous First Aid Kits & Supplies
First Aid Kits	First Aid Tapes & Adhesive Wraps
Masks (Respiratory, Barrier Etc.)	Rubbing Alcohol
Adhesive & Liquid Bandages	Hydrogen Peroxide
Scar Treatments	Saline Solutions & Sprays
Skin Protectants (Includes Petroleum Jelly)	

FOOD & BEVERAGES

Cocoa, Coffee & Tea (Dry or Liquid)	Meats
Juices (includes sparkling)	Seafood
Bottled Waters	Ice
Dry & Liquid/Concentrated Drink Mixes	Sparkling Water
Juice Blends, Drinks & Punches (including sparkling)	Medical Meals
Enhanced Waters	Fruits & Vegetables
Sport Drinks - Gatorade & Others	Appetizers, etc.

FOOD & BEVERAGES (CONTINUED)

Juices	Pancakes & Waffles
Prepared Food (Stews, Pizza, Heat & Eat, Soy burgers)	Dry Pasta
Baking/Cooking Supplies (Baking Powder, Yeast etc.)	Dry Beans
Condiments, Sauces, Dips, Mayonnaise & Salad Dressing	Rice & Whole Grains
Prepared Food (Canned Stews, Heat & Eat)	Dry Mixes - Side Dish Mixes, Dinner Mixes
Puddings & Gelatin	Canned/Jar Fruits & Vegetables incl. Salsa & non-processed Beans
Flours, Cornmeal, Nut & Seed Flours, Bread/Biscuit Mixes	Soup
Sugar - White, Brown & Powdered	Canned Meat
Herbs, Spices & Seasoning	Canned Seafood
Oils & Shortening	Dairy - (Milk, Cheese, Butter, Sour Cream & Whipping Cream)
Deli- Processed & Fried	Produce (Fruits & Vegetables)
Meats - Processed (Sausage, Jerky, Lunch Meat)	Meats - Poultry, Ground Beef, Beef
Seafood	Whole Eggs & Egg Substitutes
Bread, Rolls & Tortillas	Yogurt
Tomato/Spaghetti/Alfredo/Nutritionally Significant Sauce	Margarine
Jams, Jellies, Sweet Spreads, Syrup	Soy & Other Nut Milks
Peanut Butter (& other nut butters)	Ready-to-eat, Soups, Meals, Sandwiches
Cereal (Hot & Cold)	Salty Snacks
Breakfast Foods (Toaster Pastries, Cereal Bars, Granola & Granola Bars)	Nuts & Trail Mix
Dried Fruit, Fruit Snacks	Seeds
	Crackers

FOOT CARE

Corn, Callus & Bunion Pads	Mixed/Miscellaneous Odor & Wetness Treatments
Mixed/Miscellaneous Foot Cushioning & Treatments	Heel & Arch
Ball of Foot Cushioning	Insoles
Toe Cushioning & Protection	Mixed/Miscellaneous Shoe Insoles & Inserts
Implements	Ball of Foot Inserts
Foot Moisturizers, Exfoliators & Cleansers	Heel Cups, Arch Supports & Orthotics
Odor & Wetness Powders	Plantar Fasciitis Products
Odor & Wetness Sprays	

HAIR CARE

Beauty Hair Treatments	Mixed/Miscellaneous Hair Growth
Beauty Shampoos	Mousses & Gels
Beauty Conditioners	Hair Sprays
Men's Shampoos	Pomades & Waxes
Men's Conditioners	Mixed/Miscellaneous Styling Aids
Mixed/Miscellaneous Beauty Shampoos, Conditioners & Hair Treatments	Men's Styling Aids
Permanent Hair Color	Therapeutic Hair & Scalp Treatments
Semipermanent/Temporary Hair Color	Therapeutic Shampoos
Mixed/Miscellaneous Hair Color	Therapeutic Conditioners
Hair Growth Treatments	Mixed/Miscellaneous Therapeutic Shampoos, Conditioners, Hair & Scalp Treatments
Hair Growth Shampoo & Conditioners	

HOME DIAGNOSTICS & PATIENT AIDS FOR DAILY LIVING

Stethoscopes & Accessories	Medical Alert IDs & Devices
Thermometers, Fever Strips & Accessories	Medicine Dosers, Pillboxes, Organizers & Reminders
Blood Pressure Kits & Accessories	Reachers, Grippers & Lifts
Mixed/Miscellaneous Home Diagnostics/Tests	Reading, Writing & Telephone Aids
Cholesterol Meters & Testing Kits	Night Lights
Pulse Oximeters & Heart Rate Monitors	Non-Slip Socks & Slippers
Bathing & Oral Hygiene Aids	Elastic Bandages
Eating & Drinking Aids	Electric Heating Pads
Grooming & Dressing Aids	

HOME HEALTH CARE

Hand Held Showers	Deodorants & Odor Eliminators
Mastectomy Bras & Clothing	Alternating Pressure Pads/Mattresses, Pumps & Accessories
Mastectomy Prosthesis	Mattress & Pillow Pads/Covers
Mixed/Miscellaneous Mastectomy Products	Backrests, Seating & Posture Aids
Hand Cleaners & Sanitizers	Wedges & Pillows
Orthopedic Footwear	Mixed/Miscellaneous Pressure Relief, Positioning & Support
Joint Warmers	
Deodorizers	

HOMEOPATHIC KITS & SINGLE REMEDIES

Homeopathic Single Remedies
Homeopathic Kits

Mixed/Miscellaneous Homeopathic Kits & Single Remedies

HOUSEHOLD PRODUCTS

Air Freshener Sprays & Other Forms
Fabric & Carpet Fresheners
Disinfectants ONLY
Multi-Purpose Cleaners/Disinfectants
Oven Cleaners
Drain Cleaners
Floor, Furniture Waxes/Polishes & Rug Cleaners
Window Cleaners
Miscellaneous Cleaners & Waxes
Brooms, Mops & Accessories
Sponges, Scrubbers, Brushes & Dusters
Mixed/Miscellaneous Cleaning Tools & Accessories
Dishwashing Powders/Liquids
Household Gloves
Laundry - Washer Products (Incl. Pre-Treatments)

Air Scents Sprays/Solids/Gels
Abrasive Cleaners
Bathroom Cleaners
Laundry - Dryer Products
After Laundry Products
Insecticides, Rodenticides & Pesticides
Plastic/Foil Wraps, Bags & Disposable Storage Containers
Facial Tissue
Bath Tissue
Paper Towels
Premoistened Towels
Disposable Napkins, Plates & Cups
Miscellaneous Plastic, Foil & Paper
Bath Tissue Wipes
Garbage Bags

MULTI-CULTURAL BEAUTY CARE

Relaxers, Curl Kits & Perms
Shampoos & Conditioners
Sheens, Activators & Moisturizers
Pomades, Hair Dressings & Styling Aids
Hair Color

Mixed/Miscellaneous Multi-Cultural Hair Care
Creams, Lotions & Soaps
Shaving Needs
Mixed/Miscellaneous Multi-Cultural Skin Care

ORAL CARE

Breath Fresheners (Includes Strips)	Interdental
Mixed/Miscellaneous Breath Remedies	Gum Care
Therapeutic Breath Treatments	Dental Gum
Denture Adhesives	Mixed/Miscellaneous Interdental, Floss & Gum Care
Denture Cleaners & Accessories	Mouthwash
Denture Repair & Pain Relief	Mixed/Miscellaneous Mouthwash
Mixed/Miscellaneous Denture Care	Temporary Dental Repair
Floss & Flossers	Regular Toothpaste & Tooth Powder
Mixed/Miscellaneous Oral Remedies (Includes Fluoride Treatments)	Sensitive Toothpaste & Treatments
Night & Grind Guards	Whitening Toothpaste
Manual Toothbrushes	Whitening Strips & Treatments
Battery Toothbrushes & Refills	Mixed/Miscellaneous Toothpaste & Treatments
Rechargeable Toothbrushes & Refills	Lip Moisturizers
Mixed/Miscellaneous Toothbrushes & Accessories	Mixed/Miscellaneous Lip Care

PATIENT SKIN CARE

Cleansers & Washes	Mixed/Miscellaneous Patient Cleansing & Bathing
Wipes & Towelettes	Moisturizers, Barriers & Protectants

PHYSICAL FITNESS & EXERCISE EQUIPMENT

Strength/Range of Motion (Bands, Hand Exercisers, Etc.)	Scales (Includes Body Fat Analyzers)
Balls/Stability Devices (Balls, Boards, Etc.)	Mixed/Miscellaneous Physical Fitness (Includes Yoga/Exercise Mats)
Foam Rollers/Massage Devices	Pedometers & Fitness Trackers
Weights	Multi-Function Fitness Trackers
Cardio (Aerobic Steps, Jump Ropes)	

SEASONAL PRODUCTS

Health & Beauty Care Dollar Items
Grocery Dollar Items
General Merchandise Dollar Items

Mixed/Miscellaneous Dollar Items
Insect Repellents

SHAVING & GROOMING

Men's Hair Preparations
Men's Hair Color
Men's Manual Grooming Implements
Mixed/Miscellaneous Men's Shaving, Hair Removal & Skin Care
Men's Razor Refills
Men's Reusable System Razors
Men's Disposable Razors
Mixed/Miscellaneous Men's Razors & Refills
Women's Razor Refills
Women's Reusable System Razors

Mixed/Miscellaneous Men's Hair Care
Men's Shaving & Hair Removal
Men's Aftershave & Skin Care
Women's Disposable Razors
Mixed/Miscellaneous Women's Razors & Refills
Women's Hair Removal & Skin Treatments
Women's Body & Facial Waxes
Women's Body & Facial Bleaches
Women's Shaving & After-Shaving
Mixed/Miscellaneous Women's Shaving, Hair Removal & Bleaches

SKIN CARE

Bath Additives (Bubble Bath, Bath Foam, Bath Beads & Bath Salts)
After Bath Oil, Powder, Splashes & Mists
Bath Sponges, Loofahs, Bath Pillows & Accessories
Mixed/Miscellaneous Bath Products
Exfoliating Body Scrubs (Salt, Sugar, Etc.)
Therapeutic Bath & After Bath
Cosmetic Puffs & Pads
Mixed/Miscellaneous Cosmetic Puffs & Pads
Acne Creams, Gels, Lotions & Patches
Acne Soaps & Cleansers
Acne Astringents & Toners

Pore Strips & Masks
Facial Sponges
Make-up Removers
Facial Moisturizers
Eye Treatments
Therapeutic Facial Treatments
Lip Treatments
Mixed/Miscellaneous Facial (Includes Firming, Resurfacing, Fading, Etc.)
Hand & Body Cleansing Bars (Soap)
Hand Cleansing Liquids
Body Cleansing Liquids (Body Washes & Gels)

SKIN CARE (CONTINUED)

Baby Oil	Instant Hand Sanitizers
Baby Lotions & Creams	Mixed/Miscellaneous Hand & Body Cleansing (Towelettes, Foaming, etc)
Baby Powder	Therapeutic Hand & Body Moisturizers
Cotton Swabs	Therapeutic Hand & Body Treatments
Mixed/Miscellaneous Facial & Body Acne Medications	Mixed/Miscellaneous Hand & Body Treatments (Includes Firming, Resurfacing, Etc.)
Facial Cleansers & Scrubs	Beauty Hand & Body Moisturizers
Mixed/Miscellaneous Facial Cleansers	Medicated & Specialty Soaps
Astringents & Toners	Mixed/Miscellaneous Medicated & Specialty Soaps

SUN CARE

After Sun	Mixed/Miscellaneous Sun Protection
Mixed/Miscellaneous After Sun & Sun Accessories	Sun Care Lip Protection
Sun Protection (< SPF 50)	Sport Sun Protection
Sun Protection (SPF 50+)	

WEIGHT MANAGEMENT & NUTRITIONAL FOODS

Mixed/Miscellaneous Nutritional Foods	Sport/Energy Bars
Nutritional Powders	Mixed/Miscellaneous Sport/Energy
Nutritional Bars	Sugar & Salt Substitutes
General Health Oral Rehydration Therapy	Mixed/Miscellaneous Sugar & Salt Substitutes
Sport/Energy Liquids	Food Scales
Sport/Energy Powders	

MISCELLANEOUS

Trial/Travel Sizes	Mixed/Miscellaneous Condoms & Barrier Contraceptives
Male Condoms	
Female Condoms & Spermicides	

**Stockable items, doses, brands and costs may vary depending on location.*

***The My Needs Card does not substitute for required or already provided Medicaid and/or Medicare covered services under the C
PACE standard benefit package. The Interdisciplinary Team determines medical necessity.*

*CenterLight PACE participants must receive all needed health care services, including primary care and specialist physician services
(other than emergency services), from CenterLight Healthcare, or an entity authorized by CenterLight Healthcare.*

*NO OBLIGATION TO ENROLL. CenterLight Healthcare has an approved PACE contract with the Centers for Medicare and
Medicaid Services (CMS) and NY State (NYS). Enrollment in CenterLight Healthcare PACE depends on renewal of its contract
with CMS and NYS. Members may be fully and personally liable for the cost of unauthorized or out-of-PACE program
agreement services.*